



C.L.A.S.S. Teacher In-Service Information

Full one-day training – (7 hours total)

Focuses on teaching self-confidence through conflict resolution, verbal and physical self-defense approaches, and easy to teach formats. Dramatized attacks will show how the techniques will be applied. This workshop is open to a minimum of 10 participants and a maximum of 30 participants who will receive certificates of completion.

The Full-Day in-service usually goes from 8AM – 11:30AM (with 15 minute break), 1 hour Lunch, 12:30PM –3:00PM with a 15 minute break. *Times are flexible

Cost - \$125.00 per person (includes Teacher's Manual for Grades 3-7 or Grades 7-12)

Half-Day Training – (3 1/2 hours total)

The Half-Day in-service usually goes from 8AM – 11:30AM with a 15 minute break around 9:45AM *Times are flexible"

Cost - \$85.00 per person (includes Teacher's Manual for Grades 3-7 or Grades 7-12)

C.L.A.S.S. Teacher's Manual (Grades 3-7) or (Grades 7-12)

The entire C.L.A.S.S. program in one easy to use manual.

***Included in workshop fee.**

Cost - \$24.95 + tax if purchased separately.

C.L.A.S.S. Instructional Video

Dramatizations for each lesson in the teacher's manual with demonstrations of each physical technique.

Cost - \$24.95 + tax

***Only \$15.00 if purchased at in-service**

Manual & Video Set

Cost - \$45.00 + tax

****Special Seminar Price: \$42.00 + tax**

For more information, program agendas and scheduling in-service programs, please contact:
C.L.A.S.S. Self-Defense, 818-990-9909 or email janet@classeducation.org